



CHARLOTTEALLSTARS.NET | 704.246.8611

# 2021-2022 School Year Class Schedule August 23, 2021 – May 27, 2022

Mon    Tues    Wed    Thurs    Fri

## PRESCHOOL GYMNASTICS

Preschool Gymnastics in a Fun Learning Environment

<b>Comets</b> <i>Instructor Led -Parent Guided</i> (18 mth. – 3 yrs.)	45 min	\$65 mth		9:30			9:30
<b>Little Dippers</b> <i>Preschool gymnastics in a fun environment</i> (3 - 4 yrs. coed)	1 hr.	\$75 mth		10:30 2:30 4:00 5:20 6:30		2:30 4:00 5:20 6:30	10:30
<b>Super Sonic Sports Kids</b> <i>Gymnastics and Ball Handling</i> Boys 3 – 5 yrs.	1 hr.	\$75 mth			1:30		
<b>Rockets</b> <i>Intro. Gymnastics for TK age</i>	1 hr.	\$75 mth	1:30	1:30			

## GIRLS GYMNASTICS

All Level Classes for Girls Ages 5 & Up on Olympic Apparatus

<b>Starlights</b> <i>Entry Level to Experienced Beginner</i> (5 yrs. & Up)	1 hr.	\$75 mth	4:00 5:20 6:30	4:00 5:20 6:30	4:00 5:20 6:30	4:00 5:20 6:30	
<b>Milky Ways</b> <i>Intermediate</i> (Based on Skill Set)	1 hr. 15 min	\$85 mth	4:00 5:20	4:00 5:20 6:30	4:00 5:20 6:30	4:00 5:20 6:30	
<b>Shooting Stars</b> <i>Advanced</i> (Based on Skill Set)	1 hr. 30 min	\$95 mth	5:00	4:00		5:30	

## BOYS GYMNASTICS

All Level Classes for Boys Ages 5 & Up

<b>Ninja Warriors</b> <i>Gymnastics with Ninja Agility Course</i> (5 yrs & up )	1 hr.	\$75 mth	4:00	4:00 5:00	4:00 5:00	4:00 5:00	
<b>Boys Tumbling</b> <i>Intermediate to advanced tumbling</i> (7 yrs. and Up)	1 hr.	\$75 mth		6:00		6:20	



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## Tumbling Classes

<b>Intro. To Tumbling</b> <i>No skills required</i>	1 hr.	\$75 mth.	4:30	5:00	4:30	5:00	
<b>Level 1 Tumbling</b> <i>Cartwheel, Handstand, Forward Roll, Backward Roll, and Backbend Required (Coed 7 yrs. &amp; up)</i>	1 hr.	\$75 mth.	5:00	6:00	5:00	6:00	
<b>Level 2 Tumbling</b> <i>Strong Cartwheels, Roundoffs, Back Walkover, and Front Limber Required</i>	1 hr.	\$75 mth.	5:20	5:20	6:40	7:00	
<b>Level 2.5/3 Tumbling</b> <i>Back Handspring on Wedge OR Floor, Round Off Back Handspring Required</i>	1 hr.	\$75 mth.	6:20		5:20		
<b>Level 3 Tumbling</b> <i>Strong Back handspring and roundoff back handspring series</i>	1 hr.	\$75 mth.				5:00	
<b>Level 4 &amp; Up</b> <i>Strong Roundoff Back Handspring Tuck/layout, Standing Three Back Handspring, 2 bhs to tuck &amp; Front Tuck Required</i>	1 hr.	\$75 mth.	6:40		6:00		

## HOME SCHOOL GYMNASTICS

Girls & Boys Gymnastics with Athletic Conditioning

<b>Home School Gymnastics</b>	1 hr.	ask for rate		2:30	2:30	2:30	
<b>Home School Little Dippers</b> <i>Preschool gymnastics in a fun environment (3 - 4 yrs. coed)</i>	1 hr.	ask for rate		2:30		2:30	



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## Cheerleading Classes

All Star Cheer FUNdamental is a program for athletes of all ages to experience

All Star Cheer in a seasonal, non-competitive format. Your athlete can learn the Fundamentals of cheer, dance and tumbling in a new exciting program.

<b>Twinkle Stars</b> <i>(4 ½ -7 yrs.)</i>	1 hr.	\$75 mth		5:00	4:00	
<b>Starburst</b> <i>(8 yrs. &amp; up)</i>	1 hr.	\$75 mth		6:20	6:20	
<b>School Cheer Tryout Class</b> <i>(Middle and High School)</i>	1 hr.	\$20 class	Click on the activities tab to register. Pre-Registration is required. Class runs Monday 6:30 – 7:30.			
<b>Stunt</b> <i>Bases or flyers looking to improve skills for stunting</i>	1 hr.	\$75 mth		5:00		

# CAGC Gymnastics & Cheerleading Class Info. & Policies

## School Year Classes:

Start August 23<sup>rd</sup>, 2021 and run monthly until May 27<sup>th</sup>, 2022. We have on-going registration throughout the school year.

## What to Wear:

Gymnast: Leotard or shorts and a t-shirt, barefoot, hair pulled back, and no jewelry. No half tops.

Cheerleader:/Tumbler Shorts, t-shirt, sneakers, hair back, no jewelry. **No half tops.**

## Arrival/Departure:

Students wait at the designated class sign in the hall area to be picked up by the instructor. When the class is finished the instructor will bring the students back to the original meeting location to be picked up by a parent/guardian.

## Registration Policy:

Must be registered 48 hours prior to your desired class day and time.

## Class Transfer Policy:

Class or level changes must be made through the front desk prior to the day of the class (*notifying an instructor will not be adequate*).

## Gym Policies:

Class kids are not allowed on the floor/equipment unless they are with an instructor. All siblings, who are not enrolled in a class, must be monitored AT ALL TIMES in the waiting areas.

Parents/Guardians are not required to stay when student is in class.

Parents/Guardians and siblings are not allowed on equipment or any part of the gym floor.

## Drop Policy:

The parent/guardian must give a 30-day drop notice prior to withdrawing a student from the class. The child's enrollment will end 30 days from when the notice is given and your last monthly payment will reflect the remaining amount of classes in the 30 days. Otherwise, the account will be billed for the entire month and no refunds will be given. All drop notices need to go through the front desk (*notifying an instructor or any other personnel will not be adequate*).

## Make Up Policy:

CAGC does not offer make-up classes for any circumstance including closings due to inclement weather.

## Registration Fee:

Non-refundable annual (per school year) registration fee is due upon registration.

The fee structure as follows:

\_1<sup>st</sup> Child \$40.00

\_2<sup>nd</sup> Child \$30.00

3<sup>rd</sup> Child \$20.00

## CAGC Closings:

CAGC does not follow all school closing schedules. We are closed on the dates listed below:

### **LABOR DAY**

Monday, September 6

### **THANKSGIVING BREAK**

November 24-26

### **HOLIDAY BREAK**

December 20 – December 31\*

\*Classes Resume January 3

CAGC does not close during Spring Break.

## Class Tuition per Month:

Classes are one day per week. (You may register for multiple classes per week at reduced rate.)

Choose the day and time to come consecutively each week.

### **45 Min Class/Monthly Rate**

Once a Week: \$65 per month

Twice a Week: \$115

### **1 Hour Class/Monthly Rate**

Once a Week: \$75 per month

Twice a Week: \$135

### **1 hr. 15 min. Class/ Monthly Rate**

Once a week: \$85 per month

Twice a week: \$155 per month

### **1 hr. 30 min. Class/ Monthly Rate**

Once a week: \$95 per month

Twice a week: \$175 per month

## **Payments:**

### **Registration:**

Registration fee(s) and first month fees will be charged upon registration. The automatic draft will begin on the 1<sup>st</sup> of the next month.

### **Automatic Draft:**

Payments will be deducted from your debit or credit card on the 1<sup>st</sup> of each month (Visa, MasterCard and Discover accepted.)

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Matthews, NC 28105

[www.charlotteallstars.net](http://www.charlotteallstars.net)

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# Covid-19 Policy and Procedures

Our first priority is the safety and well-being of our athletes, families, and staff. Detailed Safety Procedures to be followed at Charlotte Allstars Gymnastics and Cheerleading until further notice are listed below. These procedures are for our 2021-2022 School Year Recreational Classes.

- Families are invited to come watch their child during the once a week class. We ask that you limit the number of attendees to one per family.
- Parents will be **REQUIRED** to wear their mask throughout the facility.
- It is recommended that students bring a water bottle with them to every class.