

Welcome To



**CHARLOTTE ALLSTAR
CHEERLEADING**

"Come be a part of the tradition."

SEASON 34

est. 1990

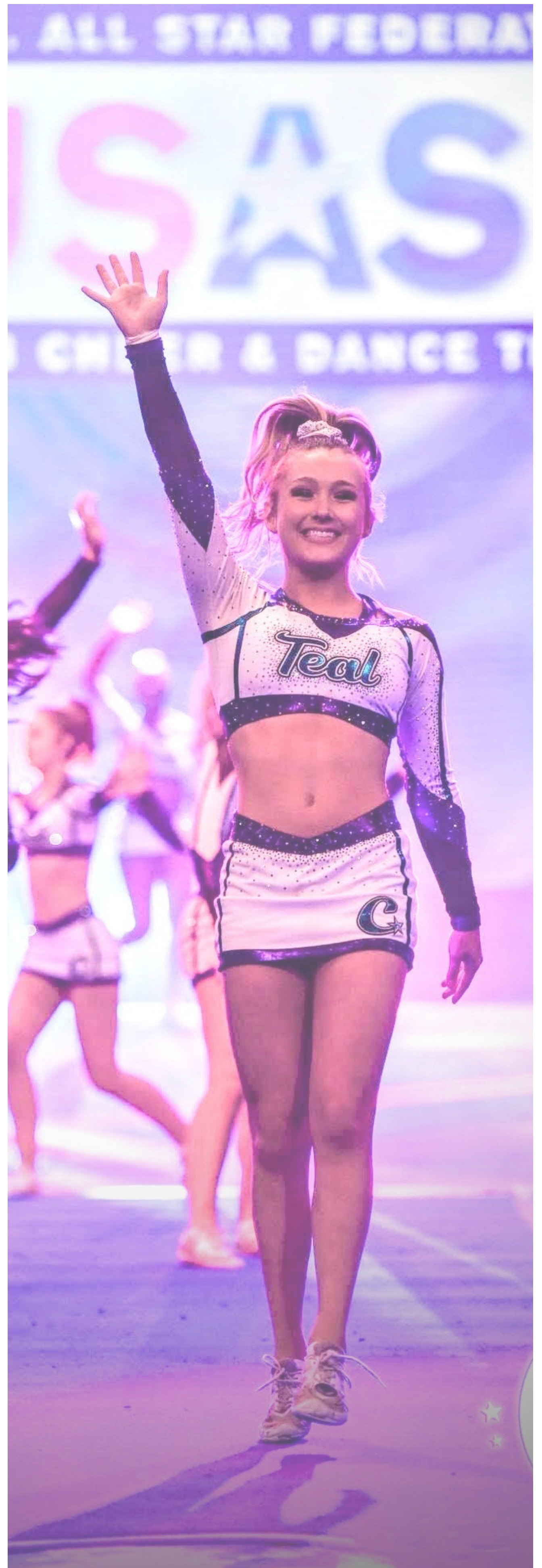
THANK YOU for your expressed interest in Charlotte Allstar Cheerleading!

We are very excited to be heading into our 34th season of business as the longest standing Cheerleading Gym in the Nation. CAC has created a safe space for all athletes (from their first year, all the way through their 15th year) no matter their experience, our program has become a second home to over 6,750 athletes over the past 34 years.

We pride ourselves on building strong athletes in and outside of the gym, continuing education of our sport for all parties involved, and excelling in every competitive area.

Charlotte Allstars is organized and communicative which provides the best experience for our clients. This packet is put together to show that from the moment you flip through it.

As long as your family and your potential new Charlotte Allstar athlete desire to develop their skills, and are committed to our program, then we will gladly welcome you ALL to the CAC family!



Evaluations & Level Practices



Evaluations will take on Saturday, May 13 by Level. The time frames for each level evaluations are listed below:

Level 1: 9:00am - 10:00am

Level 2: 10:15am - 11:15am

Level 3: 12:00pm - 1:00pm

Level 4: 1:15pm - 2:15pm

Level 5 & 6: 2:15pm - 3:15pm

Level 4.2 & Non Tumble: 3:15 - 4:00pm



Flyer Evaluations will take place directly following their level evaluations for 15 minutes.

After evaluations are over, we will put athletes into Level Practice Groups (which will be emailed out the night of May 13.)

Level Practice groups will practice 3 days: Monday / Wednesday / Monday or Tuesday / Thursday / Tuesday from May 15 - May 23. Athletes that are in between levels may be asked to come to more than 1 Level Practice Group.



Level Practices will consist of Stunting, Tumbling, Jumping and Dancing. Stunting will be at the level group they are in, while Tumbling will consist of current mastered Level and a Level up.

This process has allowed us to get to know new athletes that come in the door and also allow us to see their skill set more than once before placing them on a team.

CAC 2023 - 2024 Full Year Cheerleading Pricing

Evaluation Pricing is as follows:

Early Bird Special - March 31:	\$45
April 1 - April 29:	\$75
May 1 - 11:	\$95
May 12 or after:	\$100

May Tuition is \$200 and will be drafted on May 15. This covers 2023 T-Shirt, Level Practices, Purple Premier fee and final team placement.

Charlotte Allstar Monthly Tuition is all inclusive. CAC strives to give a very transparent view of all costs for our competitive cheerleading program by creating a monthly tuition that is consistent for 11 months, without surprise pop up fees.

We add the majority of expenses & all instructional tuition together then divide by 11 months (June - April.) We have found that this monthly payment structure is easier for families to budget and plan for the 2023-2024 competition season.

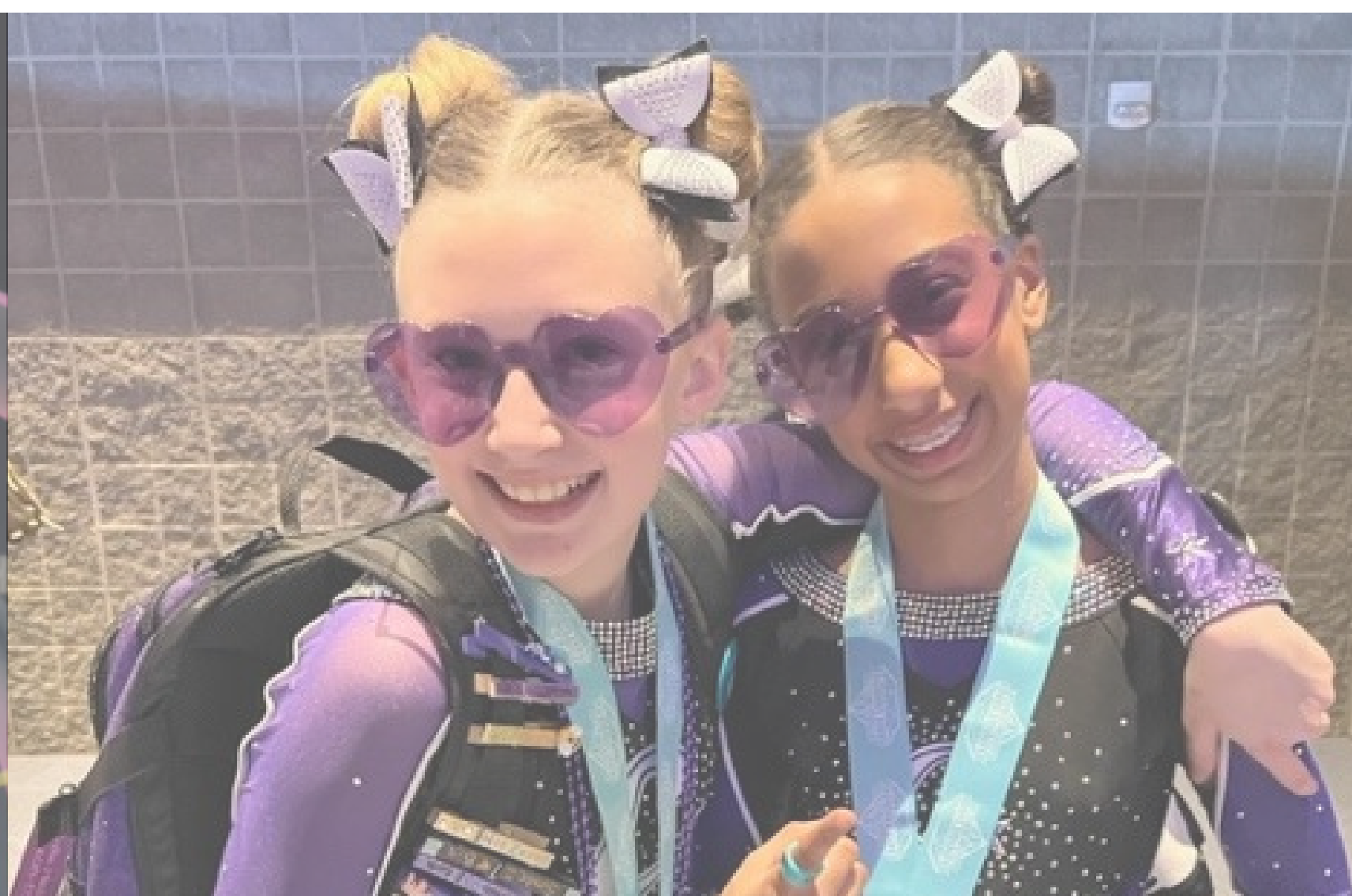
ALL FULL YEAR TEAMS:	Tiny Prep Teams Monthly Tuition:	\$240.00
	Youth Prep Teams Monthly Tuition:	\$265.00
	Junior & Senior Prep Teams Monthly Tuition:	\$285.00
	Elite Team (Levels 2 - 5) Monthly Tuition:	\$345.00
	Worlds Team Non Tumble Monthly Tuition:	\$365.00
	Worlds Tumbling Team Monthly Tuition:	\$395.00

Included in our monthly tuition for full year CAC teams:

Gym Registration	3 Athlete Tanks	Routine Choreography
Skills Camp	2 Practice Wear Sets	Routine Music
Instructional Tuition	Competition Shoes	Athlete Banquet Fee
Extra Practices	Competition Hair Bow	Camp Purple (July 23 - 25)
1 Sunday Tumbling Class	End of Season Goody Bag	Beach Camp (Level 6 Only)
* Coaches Fees	* Competition Fees	

*These do not include our end of season events

NOT Included in our Monthly tuition is: End of the Year events (All of our teams will end their event in Orlando, FL) Worlds, Allstars Worlds, Champion League, The ONE, Summit, and US Finals Fees, etc. Competition Uniform \$450.00 (Same as 2022 - 2023 Season), USASF Registration – All Parents must register their athlete(s), All hotel & travel.



CAC Tumbling & Jump Requirements

	PREP LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5	LEVEL 6
Jumps	Proper Approach Solid Arm Placement	-Proper Approach -Solid Arm Placement -Landing Feet Together -Legs Hip Level	-Proper Approach -Solid Arm Placement -Landings -Legs Above Hip Level	-Proper Approach -Solid Arm Placement -Landings -Legs Above Hip Level	-Proper Approach -Solid Arm Placement -Landings -Legs Above Hip Level	-Proper Approach -Solid Arm Placement -Landings -Legs Above Hip Level
Advanced Standing	Front Walk Over (FWO) Back Walk Over (BWO)	BWO - Back Handspring (BHS) BWO - BHS Stepout (SO)	BWO - BHS Series BHS - BHS - BHS Jump- BHS Series	BHS Series - Tuck BWO - Tuck Back Extension Roll - Tuck	Tuck-BHS/BHS Series-Tuck BHS-Whip/Tuck-BHS-Tuck BHS Series-Layout BHS Series-Whip-Tuck	BHS Series-Full Jump-BHS Series-Full BHS Series-Whip-Full
Advanced Running	Round Off (RO) FWO Series Cartwheel BWO	PRO BHS SO CW / RO BHS Series Front Handspring (FHS)	Punch Front Round Off- BHS/BHS Series -Tuck	PF Step Out- RO-BHS-Layout/Layout Step Out/X Out/Switch Leg FWO-RO-to-Whip/Layout Aerial-Back Tuck/Layout/Layout Step Out	PRO-BHS-Full FWO-RO-to-Full RO-Arabian	PF Step Out-to-Full RO-Whip-Full RO-to-Whip-to-Full
Elite Standing	BWO Series BWO Switch Leg Valdez	BWO - BHS Step Out-BWO BWO Switch Leg- BHS BHS Step Out-BWO-BHS Valdez- BHS	BHS/BHS Series-Jump-BHS/BHS Series BHS Step out-BWO-BHS Series BHS Step out-BWO- BHS Series	BHS/BHS Sep Out-Tuck Jump-BHS/BHS Series-Tuck	BHS-Whip-Tuck BHS-Layout Jump-BHS/BHS-Series-Layout BHS/BHS Series-Whip-to-Layout	BHS-Full Standing Full BHS-Whip-Full BHS Series- Double Full BHS Series-Whip-Double Full BHS Series-Full/Double Full-Whip-Full/Double Full
Elite Running	Cartwheel (CW) BWO Series FWO CW BWO Series	Bounder/Flyspring FWO-RO-BHS/BHS Series CW/RO- BHS Step Out BWO- BHS/BHS Series	FWO-Aerial RO-BHS Step Out- 1/2 Turn -RO-to-Tuck FWO-RO-to-Tuck Bounder/FlyspringRO-to-Tuck Font Handspring-Punch Front	PFHS/PF-PF PF Step Out-RO-to-Layout RO-Whip-Tuck RO-to-Whip/Tuck-to-Tuck/Whip/Layout FHS-PF Step Out-RO-to-Tuck/Whip/Layout	Front Full PF Step Out-RO-to-Full FHS-PF Step Out-RO-to-Full RO-to-Whip-to-Full Arabian-RO-to-Full	FHS-PF-RO-to-full RO-Arabian/Half Step Out-RO-to-Full RO-BHS-Full-to-Full RO-to-Double Full PF Step Out-to-Double Full RO-Whip-Double Full RO-to-Full-to-Whip-Double Full



Parent Account Dashboard:

Please become familiar with your parent CAGC Dashboard. This is where you may update your personal information, payment information, make online payments (for items and classes separate from your automatically drafted tuition payments) as well as sign up for additional classes or events.

NEW MEMBERS: (Never been enrolled in a class or team at CAGC)

How to Register your athlete for Charlotte Allstars:

1. Go to www.CharlotteAllstars.NET
2. Hover over to Competition Teams
3. Click on "Register for CAC Evaluations"
4. Scroll to the section of the page titled "2023 Full Year Evals - Pick Level"
5. Click the register button beside of the level in which your child wishes to be evaluated for. You will be prompted to a registration form.
6. Please note that the "Family Last Name" is your ATHLETE'S LAST NAME even if it is different from yours. You will be able to type in parent last names under "Contact 1" and "Contact 2"
7. You must enter information in every space that has an asterisk (this includes the credit card you will use for the monthly tuition drafts).
8. After completing your registration form, you will receive a confirmation email. Once you receive the confirmation email, you will click on "Click here to access your parent portal".
9. You will then be prompted to enter in the email you used during registration and then create a password.
10. Once you have logged in, you will come to your personal Dashboard. Here you will have access to account information.
11. Your athlete is now officially registered for 2023 Charlotte Allstar Cheerleading Evaluations! Welcome to the CAC Family!



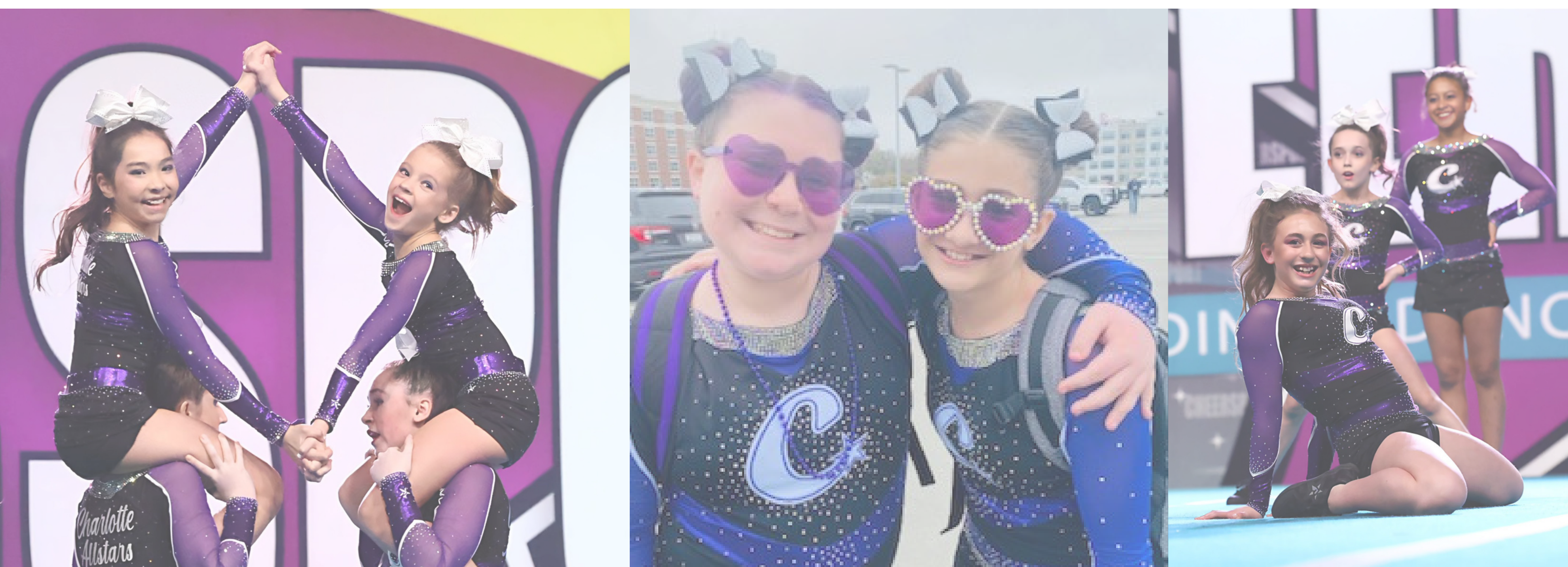
Parent Account Dashboard Continued:

Please become familiar with your parent CAGC Dashboard. This is where you may update your personal information, payment information, make online payments (for items and classes separate from your automatically drafted tuition payments) as well as sign up for additional classes or events.

RETURNING MEMBERS:

How to log into your CAGC DASHBOARD:

1. Go to www.CharlotteAllstars.NET
2. Click on Parent Portal in the top right-hand corner
3. Enter your User ID and Password ** If you have never logged in or forgot your login information, click on “Reset Password” and you will receive password reset information to your provided email address.
4. Once you have logged in, you will come to your CAGC Dashboard. Here you will have access to your account and registration information.
5. Click “Find Classes”
6. Select “2023 Full Year CAC Evaluations / (Pick Level)”
7. Click “Add to Cart”
8. Select Student(s)
9. Read & Click ALL POLICIES
10. Then Click “Add” (back up at the top)
11. Click “Check out now”
12. Click “Accept Enrollment Fees & Continue”
13. Your athlete is now officially registered for 2023 Charlotte Allstar Cheerleading Evaluations! Welcome back to the CAC Family!



Charlotte Allstars Current Calendar

Level Practices: May 15 - 23

Season Kick Off: May 19 / 6pm (Parents & Athletes)

Purple Premier: May 25 / 7 - 9pm (Semiformal Purple Tie Affair for Team Announcements)

Memorial Day: May 26 - 29 / No Practices

First Practice: May 30 for Wednesday Teams & May 31 for Thursday Teams

Beach Camp for Elite Teams: June 17 - 27

More information to follow - This event will be optional and an additional cost (around \$400) ***Worlds Teams are not optional.**

Fourth Of July: July 3 - 7 / No Practices

Camp Purple: July 23 - 25 / at Great Wolf Lodge

Labor Day Weekend: September 2 - 4 / No Practices

First Sunday Practice: September 10

Fall Break: TBD

Thanksgiving Break: November 21 - 25

First Sunday Back from Thanksgiving: November 26

Holiday Break: December 19 - January 1

First Practice Back: January 2

Spring Break: March 31 - April 6

First Practice Back from Spring Break: April 7

***Worlds Team Schedule may differ from all dates. Please do not make plans until teams are set & communication coaches have emailed you.**

Choreography Camps will take place over 3 days from July 17 - August 28. This camp is required and dates will be set once the team is selected. If your athlete is out of town, a substitute (of the same skill set) is required and must be approved by your communication coach.

Attendance Policy is as follows. Athletes are allowed to miss in the summer with prior approval for Family Vacations, Mission trips, etc. that are out of town. Once Fall Schedule begins all practices are mandatory. We are willing to work with Football schedules, with that athletes are not allowed to miss more than 4 practices August - October. November kicks off Showcase and competition season. In order for your athlete to keep their spot on a team roster, practices again are mandatory and must be your first priority.

Practice in the Summer: *x2 per week (*typically*, Monday & Wednesday or Tuesday & Thursday)

Practice in the Fall: Sunday & Once per week (Tuesday, Wednesday or Thursday)



Checklist in preparation for Evaluations



Read through Welcome Packet



Choose what Tumbling Level your athlete has mastered



Register for that Level Evaluation



Print & Bring Parent / Athlete Contract to Evaluations
COMING SOON ON THE WEBSITE!



Print & Bring Vacation Calendar to Evaluations
COMING SOON ON THE WEBSITE!



Get ready to be a part of the longest standing tradition!

